

BOB JONES

Observance Tours Presents



THAI TOUR

Pattaya, Thailand

BJC Muay Thai & Sityodtong



January 3rd to 14th 2010

HARDEN UP TOUR

GREAT ACCOMMODATION

The Royal Twins hotel has its own large compound right in the centre of Pattaya. This means that you're right in the centre of the action of Beach Rd and Second Rd (close to Walking street end) but as soon as you enter the compound you feel like you're in your own oasis where the noise and hustle bustle are left behind. It has great facilities and big pool. A little dated in it's décor the hotel fits our needs perfectly- inexpensive with a great location.



Experience the Tour

This is a trip like no other - train as much or as little as you like, immerse yourself in the culture, fight on a card of Aussies v Thai's, live like a King or run on a budget and spend time getting to know your BJMA brothers and sisters. Bring your partner or travel on your own. It's all up to you.

www.smac.net.au/systemathailand2010

Bob Jones has been taking students to Thailand to train at the famous Sityodtong Camp in Pattaya for 22 years.

These tours have become the biggest and longest running Muay Thai Training Tours in the world. We have as many as 70 people on tour. Over the past 22 years around 700 people have taken part in this amazing adventure.

Not all tour participants train in Muay Thai. In fact some don't train in Martial Arts at all but want to experience everything else the tour offers.

Tour Itinerary

Note this is an example only - things may change and everything is optional, hence more than one thing is listed at the same time.

Thai Training will be on twice a day (8.00am & 1.40pm) for those that wish to partake. You can train as often or as little as you like. Each session for approx 2 hrs – 6 days

SYSTEMA – is a Russian martial art that is like MMA, close Quarter Combat and Aikido rolled into together. The instructor Alex Kostic is one of the world's great instructors – of any style.

This is an added extra. 4 sessions of 4hrs

Fights a number of our group will be fighting during our stay in Thailand. If you wish to fight you need to prove your ready by training hard. The Chief will make the final decisions on who

can fight. There are two levels of fights – fights at the Best Friends Bar for novice fighters (no elbows) or Thepprasit Stadium for experienced fighters these fights are full Thai Rules (elbows).

Day 1 – Sunday, Jan 3rd

Depart Australia 12.30am (midnight)- Arrive Bangkok airport, leave Bangkok for Pattaya, arrive Hotel around 10am, Explore the area go to the Markets, sit by the pool or go the beach.

Group dinner and explore the night life.

Day 2 – Monday, Jan 4th

Thai training, Sanctuary of Truth

Day 3– Tuesday, Jan 5th

Thai training, Mini Siam Tourist Park, **SYSTEMA**, Fights – Thepprasit Stadium

Day 4– Wednesday, Jan 6th

Thai training – Day tour to Bangkok shopping & Royal Palace. – **SYSTEMA**

Day 5 – Thursday, Jan 7th

Thai training, **SYSTEMA**

Fights at best Friends Bar

Day 6 – Friday, Jan 8th

Most people need to sleep in after the fights. **Thai training**, Pattaya Park, Markets, Pistol Range

Day 7 – Saturday, Jan 9th

Thai training, **SYSTEMA** – Group dinner and big party

Day 8– Sunday 10th

Last full day in Pattaya or fights in Bangkok (Channel 7 stadium 1pm to 4pm)

Day 9 to 11 - Mon 11th to 13th

Stay a few more days in Pattaya or go on the optional Island tour. Stay Pattaya for night.

Day 12 - Thursday 14th

Dept. Pattaya at 4.45am for airport Flight to Melb 8.10am arrive Melb. 9.20pm

Island tour option

The beaches on Koh Samet are some of the best in Thailand and the water is crystal clear.



You can hire motor bikes and explore the island, take part in water sports, sit and relax or just take in the sites. If we are lucky we will get to go crazy with fireworks at night.

This is a great way to wind down at the end of the tour, get some rest and prepare for normal life.

3 Day (2 nights) Island Tour

1st Day, Monday 11th Jan. Pick up from hotel, drive to Rayon, quick boat trip to island – relax on beach, use beach facilities, stay hotel, party with the group

2nd Day, Tuesday 12th Jan. All day to explore island or relax on beach, party for your last night in Thailand

3rd Day Tuesday 13th Jan. Depart Island (morning) on fast boat – Bus to Pattaya for last night

Share accommodation, boat and bus
approx \$120.

Single accommodation, boat and bus
approx \$190.

PRICES

These prices may change and are for the standard tour only.

FLIGHTS Thai Airways \$1442 inc. taxes

Melbourne to Bangkok return. *I suggest you look for cheap flights now and meet us in Pattaya. This flight is the cheapest I could get as a group. Please contact Matt Ball for more information.*

TOUR -: Including; breakfast each day, all Thai training, accommodation, and basic assistance.

Supreme \$974 Twin Share, \$1320 Single Room
Deluxe \$1064 Dble Share, \$1500 Single Room

Triple room \$932 each

Suite 1 Bedroom \$1307 Twin, \$1984 Single

EXTRA's – All optional tours, meals (other than breakfast) and day excursions will cost extra. On average you should budget for around \$100 per day. Seasoned travellers normally spend closer to \$50 a day as they don't go crazy on the shopping.

OPTIONS:

No training \$-80 off prices listed above
Systema & Thai training +\$450

For further information please call Matthew Ball on 0417 551 525 or matt@smac.net.au

Deposit Due 10th August 09

Flights \$250

Tour \$250

Contact Matt to reserve your place

Please pay your deposit to the following ANZ account (different to last years) BSB: 013279
Acc: 570906365 Name: Matthew Ball

Or PayPal via the website

www.smac.net.au/thailand2010

Please let me know when payment is made.